

PASSPORT



Centred
OUTDOORS

Summer 2018
Adventure Guide



Centred Outdoors is an open invitation for people of all ages and fitness levels to explore ten outdoor destinations in Centre County, Pennsylvania, throughout the summer of 2018. Together, we'll stress less and discover more as we enjoy the great outdoors.





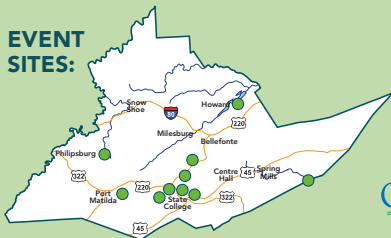
ALL EVENTS ARE FREE AND OPEN TO THE PUBLIC

Register at www.centredoutdoors.org to get started and

- See the summer schedule and RSVP for events
- Get emails with event updates and directions
- Track your visits and climb the online leaderboard
- Earn e-trophies to win end-of-summer prizes
- Join us every Sunday and Wednesday between June 10-August 15!

Questions? Call or email us: 814-237-0400
adventure@clearwaterconservancy.org

EVENT SITES:



Centred
OUTDOORS



CLEARWATER
conservancy

EVENT FEATURES KEY:



Specific directions needed to find this site. Check your email, the website, or call ClearWater for details.



Boots or sturdy footwear recommended



Unreliable cell service



Fitness hike available



Pets allowed. Please leash pets and clean up after them.



Accessible



Sunday, June 10: 2-5 pm & Wednesday, June 13: 5-8 pm

Spring Creek Canyon

Get reconnected with your health and community by walking along the banks of the beloved Spring Creek. Discover the storied history of the town of Rock and how the land has changed over the years. Guests can also learn about the creatures living below the surface of our region's key waterways.

Guided hikes: 2 and 4 pm on Sunday;
5 and 7 pm on Wednesday

2 miles
Moderate



*Fisherman's Paradise
SGL 333 Parking,
Bellefonte, PA*



Sunday, June 17: 2-5 pm & Wednesday, June 20: 5-8 pm

Poe Paddy Tunnel

Take a scenic walk along the Pennsylvania Mid-State Trail and through the 250-foot Paddy Mountain Railroad Tunnel at Poe Paddy State Park. Visitors may explore and play independently as they learn basic plant and bird identification and history of the area, and discover new ways to exercise in a natural setting.

Guided hikes: 2 and 4 pm on Sunday;
5 and 7 pm on Wednesday

♥ Fitness hike offered at this site. See website for details.

2 miles
Moderate



1087 Poe Paddy Dr
Woodward, PA



Sunday, June 24: 2-5 pm & Wednesday, June 27: 5-8 pm

The Barrens to Bald Eagle Wildlife Corridor

Bring your binoculars to experience all the wildlife the Barrens to Bald Eagle Wildlife Corridor has to offer!

Hikers will tour the grass and wildflower meadows and woodland areas to learn about the importance of wildlife corridors and the diverse community of bird, mammal, plant, pollinator, and amphibian species they support.

Guided hikes: 2, 3, 4 pm on Sunday;
5, 6, 7 pm on Wednesday

0.66 miles
Moderate



Harness Downs Rd,
Port Matilda, PA



Sunday, July 1: 2-5 pm & Wednesday, July 4: 4-6 pm

Talleyrand Park

On Sunday explore the historic features of Talleyrand Park and stop at information stations to learn about the Edible Landscape Garden, Sculpture Garden, the park's bridges, and more. On Wednesday enjoy a self-guided walking tour of the park and historic Bellefonte for a relaxing and informative 4th activity.

Guided hike: 2, 3, 4 pm Sunday

0.7 miles
Easy



300 W High St,
Bellefonte, PA



Sunday, July 8: 2-5 pm & Wednesday, July 11: 5-8 pm

Downtown Urban Hike / Arts Fest

From beautiful murals that span entire blocks to small bronze pigs, see all the art throughout downtown. Admire all the permanent art displays you may not even know exist as we walk the streets of State College. Guests will hear about the history of public art in State College and interesting stories behind the pieces.

Guided hikes: 2 and 3:30 pm on Sunday;
5, 6:30 pm (children's day ends at 4) on Wednesday

1.5 miles
Easy



*119 S Fraser St Suite C,
State College, PA*



Sunday, July 15: 2-5 pm & Wednesday, July 18: 5-8 pm

Bald Eagle State Park

Get out and explore the trails of Bald Eagle State Park with the park naturalist! Topics of discussion could include birds, trees, wildflowers, park history, and more! Binoculars and field guides will be provided. Participants will be walking about 2 miles so come prepared by bringing a full water bottle and wearing sturdy footwear.

**Guided hikes: 2 and 4 pm on Sunday;
5 and 7 pm on Wednesday**

 *Fitness hike offered at this site. See website for details.*

2 miles
Moderate



**149 Main Park Rd,
Howard, PA**



Sunday, July 22: 2-5 pm & Wednesday, July 25: 5-8 pm

Mount Nittany

Visit one of Centre County's most famous landmarks to learn about local history and natural features. Participants will embark on a tour- or self-guided hike to the best view in State College: the Mike Lynch Overlook. Upon reaching the mountain's peak (approx. .75 miles), guests will return to the trailhead or continue on the full trail (approx. 4 miles).

Guided hikes begin on the hour Sunday & Wednesday

♥ Fitness hike offered at this site. See website for details.

miles vary
Difficulty varies



Mount Nittany Rd,
Boalsburg, PA 16827



Sunday, July 29: 2-5 pm & Wednesday, August 1: 5-8 pm

Millbrook Marsh Nature Center

Did you know that you have two types of wetlands in your own backyard? Join us for an adventure along the boardwalk at Millbrook Marsh to discover the unique features of the marsh and fen ecosystems and enjoy wildlife viewing! Guests will have the option to participate in two different walks; a short education focused foray, and a longer jaunt through the trails.

Sunday: hike at 2, education tour at 3:30 pm;
Wednesday: hike at 5:30, education tour at 7 pm

0.6/1.2 miles
Moderate



548 Puddintown Rd,
State College, PA



Sunday, August 5: 2-5 pm & Wednesday, August 8: 5-8 pm

The Arboretum at Penn State

Enjoy a walk through the Hartley Woods and explore the different types of trees and herbaceous plants that make up our backyard. Learn about the impact of invasive species on the forest landscape and what efforts are taken to manage them. Wrap up your adventure with a self-guided stroll through the botanical gardens and take in the sights of summer.

Guided hikes: 2 and 3:30 pm on Sunday;
5 and 6:30 pm on Wednesday

1.5+ miles
Moderate



***E Park Ave & Bigler Rd,
State College, PA***



Sunday, August 12: 2-5 pm & Wednesday, August 15: 5-8 pm

Black Moshannon State Park

Hikers will follow the Star Mill Trail near the lake and loop up through the woods to the Southeast end of Moshannon Lake. Features of the hike include a cranberry bog, a colony of carnivorous plants, many blueberries, and numerous historic foundations. We will be hiking along the water; waterproof boots are recommended and depending on the weather required.

**Guided hikes: 2 and 4 pm on Sunday;
5 and 7 pm on Wednesday**

 *Fitness hike offered at this site. See website for details.*

2 miles
Day 1: Moderate
Day 2: Difficult



**4216 Beaver Rd,
Philipsburg, PA**

Field Notes

This passport belongs to:

Take the Centred Outdoors Challenge! Complete **10 adventures**, guided or self-guided, at any combination of sites, between **June 3 and August 15**. Track your progress online to earn e-trophies and climb the online leaderboard:

- Enter the site code to update your user profile after every *guided* adventure
- Upload a 'site selfie' to your user profile after every *self-guided* adventure
- And/or get your passport stamped at every guided adventure!



COMMUNITY PARTNERS

**ClearWater Conservancy
PA Department of Conservation
and Natural Resources**

Centre Foundation

Centre Moves

Central Pennsylvania Festival of the Arts

Get Outdoors PA

Millbrook Marsh Nature Center

Mount Nittany Conservancy

Mount Nittany Health

PA Fish and Boat Commission

Penn State Sustainability Institute

Penns Valley Conservation Association

Pennsylvania Recreation and Park Society

Spring Creek Chapter Trout Unlimited

Talleyrand Park Committee

The Arboretum at Penn State

YMCA of Centre County

**centredoutdoors.org
clearwaterconservancy.org**