

Explore More!
Summer '17 Adventure Guide

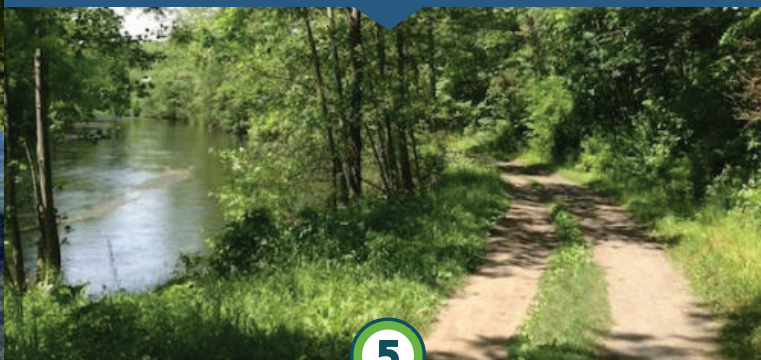
centred
OUTDOORS
centredoutdoors.org



Centre County,
Pennsylvania



Sunday, July 16: 2-5 pm & Wednesday, July 19: 6-9 pm



5

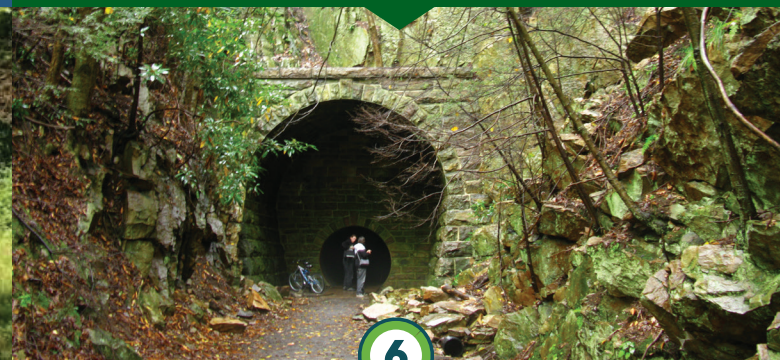
Spring Creek Canyon

Get reconnected with your health and community by walking along the banks of the beloved Spring Creek. While there, discover the creatures living below the creek's surface and the joys of fly-casting. Guests may participate in a taste test while learning how to make healthy snacks that are perfect for future outdoor adventures!

2 miles/State College
Moderate

Fisherman's Paradise
(Spring Creek Rd),
Bellefonte, PA*

Sunday, July 23: 2-5 pm & Wednesday, July 26: 6-9 pm



6

Poe Paddy Tunnel

Take a scenic walk along the Pennsylvania Mid State Trail and through the 250-foot Paddy Mountain Railroad Tunnel at Poe Paddy State Park. Visitors may explore and play independently as they learn basic plant and bird identification and history of the area, and discover new ways to exercise in a natural setting.

2 miles/Woodward
Moderate

1087 Poe Paddy Dr
Woodward, PA*

Sunday, July 30: 2-5 pm & Wednesday, August 2: 6-9 pm



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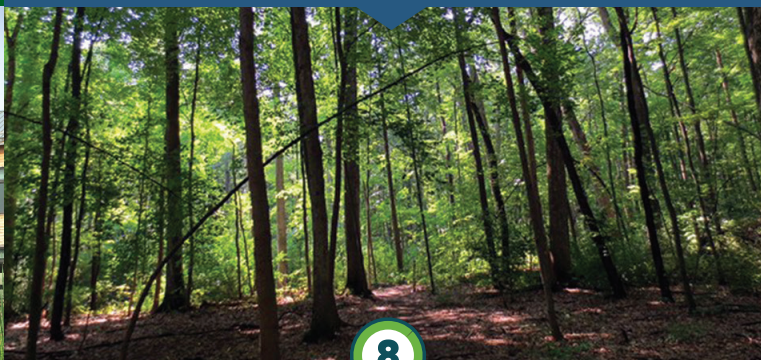
Millbrook Marsh Nature Center

Did you know that you have two types of wetlands in your own backyard? Join us for an adventure along the boardwalk at Millbrook Marsh to discover the unique features of the marsh and fen ecosystems. Learn how Native Americans used the site, find out about our connection to the former Farmer's High School, now known as Penn State, and enjoy wildlife viewing!

0.6 miles/State College
Moderate

548 Puddintown Rd,
State College, PA

Sunday, August 6: 2-5 pm & Wednesday, August 9: 6-9 pm



8

The Arboretum at Penn State

Beginning at the Sunset Park parking area, enjoy a walk through Hartley Wood and discover the Gerhold Wildflower Trail. On the loop back, take a relaxing stroll along the crushed-gravel Bellefonte Central Rail Trail and the paved McKee Street-Clinton Avenue Bike Path. *Note: Hikes begin at 2, 3, and 4 pm on August 6 and at 6 and 7 pm on August 9.*

1.5+ miles/State College
Moderate

850 McKee St,
State College, PA*

Sunday, August 13: 2-5 pm & Wednesday, August 16: 6-9 pm



9

Mount Nittany

Visit Centre County's famous landmark and learn about local history and natural features. A tour or self-guided hike takes you high above State College to the beautiful Mike Lynch Overlook. Guided tours are offered every hour, with start times for various ability groups. Once you reach the peak (3/4 miles), hikers may return to the trailhead or continue on the full trail (4 miles).

1.4 miles/Boalsburg
Difficult

Mount Nittany Rd,
Boalsburg, PA 16827*



Join Us for a Summer of Fun!

Centred Outdoors is an open invitation for people of all ages and fitness levels to explore nine outdoor destinations in Centre County, Pennsylvania, throughout the summer of 2017. Together, we'll stress less and discover more as we enjoy the great outdoors.

To participate (all events are free, and open to the public):

- Register at centredoutdoors.org and view the event schedule.
- Attend up to 18 guided adventures at featured destinations every Sunday (2-5 pm) and Wednesday (6-9 pm) between June 18 and August 16, or explore sites on your own.
- Log your activity and photos on the website and earn 'e-trophies' to win prizes at the Wrap-Up Celebration at Millbrook Marsh Nature Center on August 20!
- * Please visit centredoutdoors.org or contact ClearWater for detailed parking instructions at these sites (email: info@centredoutdoors.org; call 814-237-0400)



Discover More!

Sunday, June 18: 2 pm & Wednesday, June 21: 6 pm



1

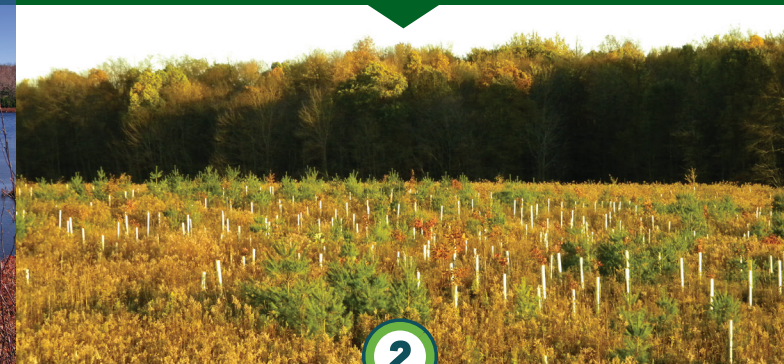
Black Moshannon State Park

Sunday hikers follow the Bog Trail near the lake, and loop up to the Seneca Trail to see a cranberry bog, carnivorous plants, and a pond with an artesian spring. Be prepared, it's soggy! Wednesday hikers hit the Ski Slope Trail, focusing on history; learn about logging in the area and the old ski lodge and slope.

1.5 miles/Philipsburg
Day 1: Moderate, Day 2: Difficult

4216 Beaver Rd,
Philipsburg, PA*

Sunday, June 25: 2-5 pm & Wednesday, June 28: 6-9 pm



2

The Barrens to Bald Eagle Wildlife Corridor

Bring your binoculars to experience all the wildlife the Barrens to Bald Eagle Wildlife Corridor has to offer! Hikers will tour the grass and wildflower meadows and woodland areas to learn about the importance of wildlife corridors and the diverse community of bird, mammal, plant, pollinator, and amphibian species they support.

0.66 miles/Port Matilda
Moderate

Harness Downs Rd,
Port Matilda, PA*

Sunday, July 2: 2 pm & Wednesday, July 5: 6 pm



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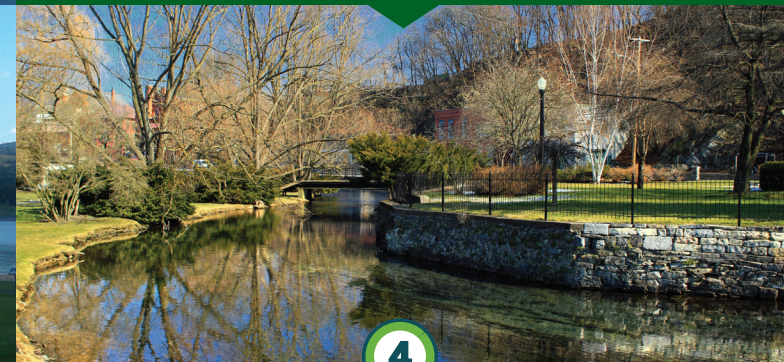
Bald Eagle State Park

Experience the trails of Bald Eagle State Park with the park naturalist. Hike and learn about the birds, trees, wildflowers, park history, and more! Binoculars and field guides will be provided. Participants will be walking about 2 miles, so come prepared by bringing a full water bottle and wearing sturdy footwear. Don't forget to bring any questions you may have for the naturalist regarding Pennsylvania and its natural history!

1.5 miles/Howard
Moderate

149 Main Park Rd,
Howard, PA*

Sunday, July 9: 2-5 pm & Wednesday, July 12: 6-9 pm



4

Talleyrand Park

Explore Talleyrand Park, including the Edible Landscape Garden, Sculpture Garden, and the bridges that cross Spring Creek. Learn the history behind the park's features, the ongoing restoration of the watershed, and future plans for it. Get a firsthand look at the Waterfront Revitalization Project and visit the ducks, fish, and playground with your kids!

0.7 miles/Bellefonte
Easy

300 W High St,
Bellefonte, PA