



RHONEYMEADE ARBORETUM

CENTRE HALL, PA

JUNE 25TH-29TH

GUIDED OUTINGS & WELLNESS ACTIVITIES

RHONEYMEADE ARBORETUM &
SCULPTURE GARDEN, CENTRE HALL PA



Hello ClearWater!

Did you join us during our week at Bald Knob?

We had two very different hiking days in Rothrock State Forest! Sunday's hikes to Bald Knob were hot and sunny - a good reminder that it's always important to be prepared with plenty of water on any hike! Thursday brought much-needed rain, and brought the forest to life. It is amazing how a little time in nature awakens your mind and body, especially in the beauty of Rothrock State Forest.

Coming Up Next: Rhoneymeade Guided Outings and Wellness Wednesday

Our outings at Rhoneymeade are this week, and it's always a destination we look forward to visiting! The outings on Sunday will offer a 2-mile guided tour of the property and gardens at 11 AM or 1 PM. On Thursday, you can enjoy a .5-mile tour through the Sculpture Garden at 9 AM or 11 AM.

At our Rhoneymeade Wellness Wednesday, enjoy a Forest Bathing experience with Lucy Heggenstellar, [Certified Nature Therapy guide](#) and PA Master Naturalist. This experience is divided into "invitations" intended to awaken the senses and promote mindfulness, encourage the imagination, and promote nature connection. Please dress comfortably with sturdy shoes and bring water. Our Shuttle Van is available on June 28th - [sign up](#) to reserve your seat!

Shuttle, Car Pool, and Parking Information

Seats are now available on our shuttle van for Wellness Wednesday at Rhoneymeade, and reservations open 7 days in advance for other scheduled shuttles. Pickups are located at Westerly Parkway Plaza or the Hills Plaza. See the full schedule, sign-up links, and pickup location maps on our [Transportation](#) page. You can also join our new [Centred Outdoors Facebook Group](#) to share ride requests or offers. Ride-sharing is a great way to lessen fuel costs, reduce the number of vehicles on roadways and parking areas, and connect with other community members who enjoy

spending time outdoors!

Volunteer at your favorite outdoor destinations!

Centred Outdoors would love to have a few more volunteers for our events! Greeters and Hike Assistants help at our guided outings and Wellness Wednesday activities. See a list of Events where help is needed, or let us know when you are available - visit our [Volunteer Form](#).

Reserve trekking poles, child carriers, and more from our Gear Library!

The [Gear Library](#) provides items for use during Centred Outdoors guided outings. To reserve trekking poles, child carriers, day packs, or other available items, please fill out a [Reservation Form](#). We are always accepting donations of lightly-used gear! Drop off items at the ClearWater Conservancy office or at [Appalachian Outdoors](#) during normal business hours.

We look forward to providing even more opportunities for you to enjoy the outdoors!

Bridget Whyte, Adventure Coordinator
ClearWater Conservancy

Questions? Reply to this email or send to: adventure@clearwaterconservancy.org

Where is Centred Outdoors this week?

Guided Outings at Rhoneymeade Arboretum and Sculpture Garden

Sunday, June 25 at 11AM & 1PM
(2-mile walk on grounds)

Thursday, June 29 at 9AM & 11AM
(.5 mile Sculpture Garden tour)

Visit the historic homestead of Grange Fair founder Leonard Rhone. This 150-acre working farm was the first property to be permanently conserved by ClearWater Conservancy. Public gardens surround the house and contain outdoor sculptures, ancient specimen trees, and fantastic vistas. Please leave pets at home and [note these tips](#) while visiting Rhoneymeade.



[Event Details](#)

What to expect and how to prepare

Being prepared allows you to focus on your hike in comfort, enjoy the landscape, and connect with your fellow hikers!

Hike length and terrain:

- Hike length: Options for a 2-mile walk on Sunday, or a .5 mile walk on Thursday, depending on your preference
- Difficulty: Moderate.
- Terrain: Slight elevation changes and uneven terrain.

Getting there:

- **Parking & Trailhead GPS Location:**
[Rhoneymeade Arboretum and Sculpture](#)

[Garden](#), 177 Rimmey Road, Centre Hall, PA

- **Destination is approximately 10 miles from downtown State College.** Via US-322 E and PA-45 E (Earlstown Rd.)
- View the [Rhoneymeade Sculpture Garden Map](#) and other location maps and info.
- **Rhoneymeade asks that you leave your pets at home.** Service dogs, of course, are welcome with their person - please pick up any waste.



What to bring and a few more tips:

- [See our Tips](#) for a safe and successful outing. We encourage all participants to remember:
- sturdy hiking shoes
- a full bottle of water
- sun protection such as a hat, sunglasses, and sunscreen
- bug spray, and/or long pants or sleeves for insect and tick protection
- A light snack or picnic, especially if you plan to come early or stay after the hike
- **Pets are not permitted at Rhoneymeade**

Need A Ride?

Van Service Available - Reserve Your Seat!

Centred Outdoors is providing a shuttle van to select Event Destinations.

Reservations are required and open 7 days prior to each event date.

Van Service to Wellness Wednesday at Rhoneymeade

June 28:

Pickup at Westerly Parkway Plaza, 5:15 PM

Pickup at Hills Plaza, 5:25 PM

Returned to these locations after event.

Van Service to Dutch Alvin Trail Hikes

July 2 and July 6:

Pickup at Westerly Parkway Plaza, 9:45 AM

Pickup at Hills Plaza, 9:55 AM

Returned to these locations after event.



This free shuttle service is intended to reduce transportation limitations of any kind for those interested in attending Centred Outdoors events. Shuttle provided by Cole Transportation.

See our [Transportation](#) page for more info on travel in and around the Centre region.

[Van Service Reservations](#)

Coming Up Next Week

Dutch Alvin Trail in Rothrock State
Forest

Guided Outings

Sunday, July 2 at 11AM & 1PM
Thursday, July 6 at 9AM & 11AM

Shuttle Service available for both 11 AM hikes!



Destination Details

Wellness Wednesday

Up Next: Forest Bathing, June 28th at Rhoneymeade

Wellness Wednesdays are part of Centred Outdoors' efforts to offer a variety of outdoor activities at nearby natural spaces. The series highlights paths to wellness, engages the community, and includes local partners.

WELLNESS WEDNESDAYS

Outdoor health and wellness activities in the Centre region.

June 14th | Shaver's Creek | Medicinal Plants

June 28th | Rhoneymeade | Forest Bathing

July 12th | Tudek Park | Gardening & Therapeutic Landscapes

July 26th | Soaring Eagle Wetland | Nature Sketching

August 9th | Downtown State College | Drum Circle

August 23rd | Boal Mansion | Yoga & Outdoor Mindfulness

[CentredOutdoors.org/events](https://www.CentredOutdoors.org/events)

See All Wellness Wednesdays

Find more to do outdoors in central PA!



All Centred Outdoors
Events



Featured Destinations



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Visit CentredOutdoors.org

STAY CONNECTED!



ClearWater Conservancy's Centred Outdoors | 814-237-0400 | info@centredoutdoors.org
www.centredoutdoors.org

ClearWater Conservancy | 2555 North Atherton Street, State College, PA 16803

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