



## CENTRED OUTDOORS SEASON 7

### FREE GUIDED OUTINGS

Sundays & Thursdays, June through August

### WELLNESS WEDNESDAYS

Six locations, six different activities

## MOTHER'S DAY

*Wildflower Walk*

SUNDAY, MAY 14 | 11AM AND 1PM



Hello friends!

### ***Centred Outdoors: Season 7 begins!***

We are so excited to share what's in store for the SEVENTH season of Centred Outdoors! From brand new destinations to new features and activities, we think we're gearing up for the best summer of outings yet!

### ***For friends who are new to Centred Outdoors - welcome!***

Centred Outdoors is an invitation to everyone, of every age, background, or fitness level, to explore and enjoy outdoor recreation destinations throughout Centre and surrounding counties. Alongside our community partners and participants like you, Centred Outdoors promotes and supports a community that continually visits, enjoys, and cares for the region's natural assets.

For every guided outing and activity we host, ***everyone is welcome*** to attend, there is ***never a cost*** to participate, and there is ***no registration required***.

### ***What's new for Season 7? New team members, new destinations, and new opportunities!***

Please welcome Olivia Stas, Assistant Adventure Coordinator and Sandy Miller, Communications Specialist to our team, and see our whole team on our [staff page](#)!

Plus, Season 7 includes eight new destinations! We look forward to checking out [Bald Knob](#), [Dutch Alvin Trail](#), [Little Juniata Natural Area](#), [Soaring Eagle Wetland](#), [Canoe Creek State Park](#), [Boal Mansion trails](#), [Ray F. Decker trail](#), and the [Indian Steps Loop](#) with you throughout the summer, and you can see all the 2023 destinations [here](#).

When you join us for outings this year, you'll also have opportunities to try out some gear such as binoculars or hiking poles through the new [Gear Library](#).

Little explorers will have gear too! Our new Jr. Naturalist backpacks are full of tools such as magnifying glasses, scavenger hunts, and even kid-friendly cameras to engage younger participants throughout the guided walks!

***Stay tuned through this Adventure Guide, at events, and through our social pages to stay up to date on how to make the most out of your season.***

Read on for details about passports and upcoming events like the Wildflower Walk and Family Fishing

Picnic!

**We can't wait to see you out on the trails soon!**

Bridget Whyte, Adventure Coordinator  
ClearWater Conservancy

Questions? Reply to this email or send to: [adventure@clearwaterconservancy.org](mailto:adventure@clearwaterconservancy.org)



**Pick up your passport!**

Season 7 Passports are available and can be picked up during Centred Outdoors events including those listed below, at the ClearWater Conservancy Office, Appalachian Outdoors, and Happy Valley Adventure Bureau offices!

You can also view the digital passport and request a passport be mailed to you here!

Season 7 Passport



**Mother's Day Wildflower Walk:  
Sunday, May 14**

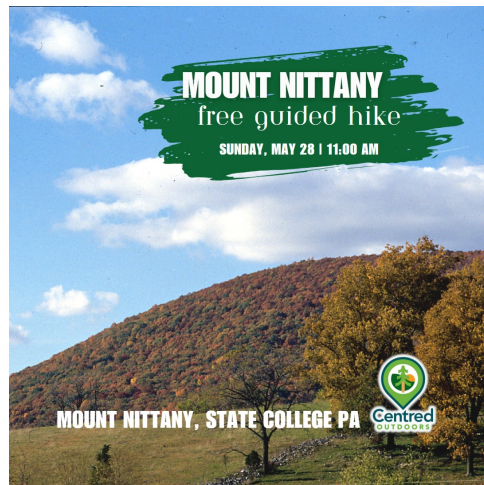
Take a hike with Mother Nature on Mother's Day along the Spring Creek Canyon. Terry Melton, ClearWater Board member and native plant enthusiast and expert, will guide visitors along the way as they stop to admire the multitudes of flowering plants along the trail. These easy outings will leave from the Fisherman's Paradise parking area at 11 a.m. and 1 p.m.

Details



**Standing Stone Trail Hike:  
Sunday, May 21, 11 a.m.**

Details



**Mount Nittany Guided Hike:  
Sunday, May 28, 11 a.m.**

Details





## Family Fishing Picnic at Tussey Pond: Sunday, June 4

Join us for the official launch of Centred Outdoors at Tussey Mountain Pond on June 4 from 1-5 p.m.! Relax and have fun fishing with friends and family (all equipment and bait provided, no fishing license needed) and enjoy a picnic lunch at the pavilion! You can pick up your Centred Outdoors passport, and join a guided hike at Galbraith Gap at 1 or 3 p.m.

Details

There is no cost to attend, and no registration required. Hosted by Spring Creek Chapter of Trout Unlimited and community partners including ClearWater Conservancy!



## Please consider a gift to ClearWater during Centre Gives before 8 pm!

Please consider a [donation to ClearWater during Centre Gives](#) to support Centred Outdoors and the natural places that provide us with vital resources, nationally-acclaimed outdoor recreation destinations, and awe-inspiring beauty all year!

From local streams and forests, to wildflowers and wildlife - these natural places are supported by local conservation efforts that can only succeed when we all work together. [Thank you for your support during Centre Gives!](#)

Check out all Season 7 destinations and events!



*Centred Outdoors is a program of ClearWater Conservancy, made possible with financial assistance from an Environmental Stewardship Fund grant from the Pennsylvania Department of Conservation and Natural Resources, Bureau of Recreation and Conservation. Financial assistance for the program is also provided by the Hamer Foundation, Mount Nittany Health, Richard King Mellon Foundation, and community organizations.*



STAY CONNECTED!



